



Annual Report 2013-2014



Who is the Canadian Association of Family Resource Programs?

The term “family resource program” describes an innovative and cost-effective model of service delivery for children and their families. Family resource programming is currently offered in thousands of communities across Canada and engages over 400,000 families every year.

According to the research, interactions between service providers and program participants are effective in building capacity. They help family members to identify their needs, they provide supports and resources to meet these identified needs and they draw upon family strengths while developing new abilities.

Just as family resource programs support Canadian families, FRP Canada supports its almost 500 member organizations to be their best. FRP Canada ensures that family resource organizations have the tools, training and resources they need to do excellent work in a cost-effective manner.

Originally founded in 1975 as an association of toy libraries, the national organization was renamed the Canadian Association of Family Resource Programs in 1994, with the common name FRP Canada. FRP Canada is a bilingual, charitable organization. Charitable number: 12522 4519 RR0001. See more on www.frp.ca/About

Parents have told us that simply being accepted and trusted, and being given physical, emotional, intellectual and spiritual support in the daunting task of parenting alone helped to give them strength at a time of crisis to move on with their life and make good long-term decisions for themselves and for their children.

- Family Resource practitioner

The difference in a family resource program is that we serve the whole community. We know our families by name and are able to come alongside parents to support them. We can connect them to the community, giving them a sense of belonging and confidence. They are not a client or a caseload. We have the opportunity to change lives by speaking to the whole person.

- Family Resource practitioner

FRP Canada Vision

A Canada that supports families and communities to raise our children. (February 2014)

FRP Canada Mission

To provide national leadership to a diverse network of those who support families raising children. (February 2014)





Message from the President

It has been a privilege to serve as President of the Board of The Canadian Association of Family Resource Programs (FRP Canada) for the past year. It is an exciting

time for family resource programs. Increasingly, scientific support for the importance of our work is mounting – parenting has a tremendous and profound influence on children’s development. Governments across the country are strengthening their support of programs for young children and their families. Many of the initiatives being developed reflect family resource program practices and principles.

At the same time, family resource programs, from the national office to community programs, are being challenged to develop new and innovative business models; collaborations, partnerships and social enterprises are concepts that we are becoming increasingly familiar with. The opportunities for projects and grants have become fewer, and more competitive. Like many Canadian non-profits, FRP Canada will be challenged to find new and innovative funding sources to support its work in the coming year. However, FRP Canada is fortunate to have a strong staff group, a dedicated Board of Directors and a supportive network of stakeholders and friends. We are confident that the coming year will be an exciting one for the organization.

This year, Janice MacAulay, our Executive Director, announced her impending retirement. Janice has been a part of FRP Canada for many years, and, in her early years, was responsible for many of our fine publications and projects. As Janice took on more of a leadership role, her belief in the value of family resource programs and her dedication to supporting their growth and stability has helped the field to grow and to gain national recognition. We are truly grateful for Janice’s contribution and thank her for sharing her talents with us.

In July 2014, Kelly Stone will take over the helm of FRP Canada. Kelly has had a distinguished career laterally as the Senior Director of Childhood and Adolescence within the Public Health Agency of Canada. As such, she had responsibility for research and public policy on child and youth issues as well as for ongoing national programs which touch thousands of communities in support of children at risk, and their families.



Kelly’s name is familiar to many family resource programs thanks to her work with Aboriginal Head Start for Urban and Northern Communities, the Canada Prenatal Nutrition Program and the Community Action Program for Children.

In addition she spearheaded the work of the federal FASD strategy and Canada’s four Centers of Excellence for Children’s Well-being (children and adolescents with special needs living in the north, child welfare, early childhood development, and youth engagement). Kelly has worked extensively with aboriginal leadership, with First Nations, Metis, Inuit, Innu communities and with aboriginal families living in urban centers. In 2013, she completed a three year executive interchange with the Child Welfare League of Canada. On the international front, Kelly has provided leadership related to the implementation of the United Nations Convention on the Rights of the Child. We are thrilled to have Kelly join FRP Canada, and look forward to working with her.

Finally, we want to invite our colleagues from across the country to join us in Hamilton, Ontario on March 10-12, 2015 for our conference. The program will be exciting and it’s a wonderful opportunity to connect with colleagues from across the country. So, please circle the dates, and plan on being there.

Sue Khazaie, President
FRP Canada Board of Directors.

2013-2014 Board of Directors

Sue Khazaie, President, British Columbia and Yukon

Jackie Collins, Vice President, Newfoundland and Labrador

Roxanne Manning, Secretary, Nova Scotia

Stéphane Rivest Treasurer, April – December

France Charette Treasurer, January - March

Bev Digout, Saskatchewan

Barb Fratesi, Alberta and Northwest Territories

Laura Graham, Prince Edward Island

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FRP Canada Staff

Christine Colbert,

Director of Research and Projects

Jill Heckman,

Director of Operations

Janice MacAulay,

Executive Director

Margaret MacAulay,

Admin Assistant

Jackie Scheffel,

Program Coordinator

Financial Information

FRP Canada is committed to offering its members the greatest possible variety and quality of resources and services. This goal is achieved through efficient operations, conservative administration costs and effective use of funds.

Revenue

Project funding and government contributions	Conference	Publications	Memberships	Training	Other
77.3%	10%	6%	5%	1.4%	0.3%

Expenses

Project Expenses	Salaries	Conference	Publications	Admin
71.3%	9.2%	8.7%	5.8%	5%

The full financial statements are available on www.frp.ca/AboutFRPC

FRP Canada is very grateful for the support of the following funders during 2013-2014

Children and Youth in Challenging Contexts, Dalhousie University

Citizenship and Immigration Canada

Fifth Avenue Collection

Halpenny Insurance

McCain Foundation

Ontario Trillium Foundation

Prosper Canada (formerly SEDI)

Public Health Agency of Canada

Royal Sun Alliance

Statement of Financial Position (as at March 31, 2014)

	2014	2013	
Assets	Cash	680,858	496,704
	Term deposits	152,630	150,791
	Accounts receivable	50,551	12,324
	Prepaid expenses	28,855	43,323
	Total Current Assets	912,894	703,142
	Capital Assets (Property and Equipment)	--	449
	\$ 912,894	\$ 703,591	
Liabilities	Accounts payable and accrued liabilities	408,796	58,440
	Deferred contributions	204,222	320,573
	Total Current Liabilities	613,018	379,013
Net Assets	Unrestricted	55,169	76,955
	Invested in property and equipment	--	449
	Legacy Fund	37,362	36,902
	Contingency Fund	150,000	150,000
	Building Fund	57,345	60,272
	Net Assets	299,876	324,578
	\$ 912,894	\$ 703,591	

Statement of Revenue and Expenditures

For the year ended March 31, 2014 with comparative figures for 2013

	2014	2013	
Revenue	Project funding and government contributions	1,059,255	665,570
	Memberships	70,224	51,224
	Publications	83,139	42,840
	Training	27,918	3,712
	Other	3,616	8,838
	Conference/Gala	136,313	
	Total Revenue	1,380,465	772,184
Expenses	Salaries benefits and contracts	360,866	347,234
	Consultants and contracts	525,785	159,333
	Travel/Accommodation	315,746	69,601
	Rent	36,251	58,769
	Office	35,027	20,717
	Publications	87,589	96,794
	Translation	23,489	20,746
	Professional Fees	7,945	11,100
	Telecommunications	10,079	8,860
	Amortization	449	547
	Insurance	1,941	1,865
	Total Expenses	1,405,167	795,566
Net revenue (expenses) for the year	(24,702)	(23,382)	

Highlights of FRP Canada Achievements

FRP Canada's 2013-2014 year began with another outstanding **national conference** held in April at the Hilton Lac Leamy in Gatineau, Quebec near Ottawa. This lively gathering of family resource colleagues is only held every two years. Please make plans to attend the upcoming conference in Hamilton, March 10-12, 2015. Registration opens on November 1, 2014.

The theme for **National Family Week** from October 7 to 13 2013 was "Strong Families, Strong Communities" and FRP Canada again coordinated resources from many national partners, communicated with over 300 federal Members of Parliament reminding them about the important work our members do in their ridings, and shared news of members' activities to mark National Family Week in communities all across Canada.

Project activities kept us on our toes during the year:

- several *Positive Discipline in Everyday Parenting* trainings were held in Ontario, funded by the Ontario Trillium Foundation;
- financial literacy resources were gathered and posted as part of a SEDI (now Prosper Canada) project;
- Children and Youth In Challenging Contexts, an initiative at Dalhousie University, supported two resources produced by FRP Canada this year:
 - a new video showing parents' experiences at a family resource centre (with special thanks to the parents and staff at the Gerrard Resource Centre in Toronto)
 - a revamped About Us section on the website (www.frp.ca/About) which is designed as an inviting portal to information about FRP Canada and its members for parents, potential supporters, policy makers, researchers and practitioners.
- peer home visitors in Winnipeg offered parenting support to newcomer parents in their first language thanks to funding from Citizenship and Immigration Canada;

- support from the Public Health Agency of Canada allowed us to:
 - learn more about promotion of mental health in informal community settings
 - create a library of healthy family and community images for non-commercial use (www.frp-images.ca)
 - offer Mental Health First Aid trainings in four provinces
 - strengthen *Nobody's Perfect* networks across the country.

In addition to the project funders highlighted above, we would like to thank the Norlien Foundation for hosting FRP Canada's Executive Director, Janice MacAulay, at two symposia in Alberta on the topic of early brain development and the impact of toxic stress. FRP Canada looks forward to sharing the outstanding work of the Norlien Foundation and the Alberta Family Wellness Initiative more widely at the national conference in March 2015.

Membership: In 2013-2014, 473 organizational members offered services to more than 400,000 families in 2300 locations across Canada. This year, a new member benefit was added: 5% off all Via Rail fares.

e-Valuation: To date, over 38,000 participant surveys have been entered into the system, providing member organizations with data that are invaluable for planning and demonstrating impact.

In August 2013, FRP Canada staff coordinated a **move into smaller office space** in order to reduce operating costs. Fortunately, we were able to trade spaces with another organization on the same floor, so, with the landlord's blessing, we switched the suite numbers on the doors, thus avoiding the cost and trouble of changing our mailing address!

It was another productive and exciting year.

Information and Resources from FRP Canada



www.frp.ca

- About the organization
- Membership information
- Resources
- Information about current projects
- Directory of family resource programs across Canada



Visit our **YouTube** channel to hear what parents are saying about family resource centres. www.youtube.com/user/frpcanada



National Family Week

www.frp.ca/NFW

October 7-13, 2013

Strong Families, Strong Communities

Des familles solides pour des communautés dynamiques



40th Anniversary National Conference

Join us in Hamilton March 10-12, 2015.

Online registration opens November 1, 2014.

See all the details at www.frp.ca/Conference2015.



e-Evaluation

www.frp-evaluation.ca

Online evaluation system for family resource programs



Parents Matter

www.parentsmatter.ca

www.parentsvouscomptez.ca

Downloadable resources and links for parents and those working with them.



Welcome Here

www.welcomehere.ca

www.bienvenuechezvous.ca

Website for newcomers and those who support them featuring:

- Multilingual resources for parents
- Links and resources for organizations



Images

www.frp-images.ca

60 watercolours from a collection commissioned from Claire Fletcher that can be used at no cost for non-commercial purposes



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